



**NUXE**  
spa  
PARIS





## SUMMARY

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Facial treatments

RESULTIME

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NUXE escapes

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## ~ BODY TREATMENTS ~

Instant Radiance Booster Treatment..... 45min • 110€ <i>Exfoliate the skin to reveal its softness</i>	BIO-BEAUTÉ® Treatment with Fruits.....75min • 145€ <i>Pleasurable and replenishing moisturizing action</i>
Slimming Body Treatment.....75min • 145€ <i>Slimming body wrap and manual slimming massage</i> <i>Also available in a package of 5 treatments</i>	Prodigieux® Treatment.....75min • 145€ <i>A revitalising and moisturizing cocktail</i>
	Rêve de Miel® Treatment .....75min • 145€ <i>Precious nutrition for dry and sensitive skins</i>

## ~ FACIAL TREATMENTS ~

### RADIANCE TREATMENTS

Radiance Eye Contour Treatment.....30min • 75€ <i>Decongestant and moisturizing</i>
Instant Radiance Treatment with Flowers..... 45min • 95€ <i>The radiance of the skin</i>
Prodigieux® Treatment with Blue Everlasting Flower..... 60min • 110€ <i>Antidote against fatigue and skin stress</i>

### NUXE MEN TREATMENTS

Express Treatment..... 45min • 95€ <i>Stimulating with tree extracts</i>
Beau Joueur® Treatment.....75min • 140€ <i>Moisturizing or purifying, with massage</i>
Complete Treatment with tree extracts.....90min • 175€ <i>Smooth and detense the skin</i>

### LA MARQUE **resultime**

*RESULTIME is an anti-aging expert based on a patented technological innovation : Vectorised Micro-Collagen with a line of expert skincare that provide targeted and optimum solutions to skin aging concerns and deliver spectacular regeneration to skinmolecules. RESULT SPA treatments are made with RESULTIME products and the ProShape Face, a high performance professional device that stimulates the skin and contributes to boost the efficiency of cares.*

### EXPERT ANTI-aging TREATMENTS RESULT SPA

New Skin Treatment.....60min • 145€ <i>Anti-aging with vectorised micro-collagen and AHA</i> <i>Exfoliated and smoothed skin</i>
Optimal Moisturizing Treatment.....75min • 165€ <i>Anti-aging moisturizing with vectorised micro-collagen</i> <i>and 3 hyaluronic acids</i> <i>Quenched and plumped up skin</i>

### NUXE Expertise

*After your skin diagnostic, the Spa therapist will advise you on the fundamental or exceptional treatment most suited to your skin type and needs. By selecting the products adapted to your needs, she will follow the exclusive NUXE protocols and techniques, bringing together effectiveness and benefits.*

### FUNDAMENTAL TREATMENTS WITH BOTANICAL ACTIVE INGREDIENTS

Depending on skin type..... 75min • 140€ <i>Soothing, moisturizing, purifying or lipid replenishing</i>
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### EXCEPTIONAL TREATMENTS WITH FLOWERS AND PRECIOUS PLANTS

Depending on skin type..... 90min • 175€ <i>Firming, restoring density, reducing spots, smoothing or sparkling</i>
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\*Without NUXE Protocol



*Our massages are body, beauty, wellness treatments, non-therapeutic and non-medical.*

## WATER CARES

Affusion Shower Massage\* ..... 30min • 80€  
*Relaxation under a light rain*

Hydromassage Spirit Bath\* ..... 15min • 55€  
*Relaxing balneotherapy made by underwater jets*

## NUXE MASSAGES®

Prodigieux® ..... 30min • 75€  
*Choice of an area : facial and scalp, legs, back, foot relaxation*

4 hands Massage with candle\* ..... 45min • 160€  
*Relaxing and cocooning massage*

Relaxing ..... 45min • 95€ / 75min • 140€  
*Relaxing from feet to neck, soft and slow massage*

Kashmir ..... 45min • 95€ / 75min • 140€  
*With its Indian influences ; small warm water bottles applied for a deep comforting heat diffusion eliminating fatigue, stress and tension*

Deep Tissue ..... 75min • 165€  
*Tonic and deep to relieve tension*

Energy ..... 75min • 140€  
*Tonic movements, relieve tension with warm wooden pebbles*

Ayurveda ..... 75min • 140€  
*Of Indian inspiration, soft and intense, draining, rebalancing, kansu bowl foot arch massage*

Mother-to-be Massage\* ..... 75min • 140€  
*Relaxing, soothing, softening, with hypoallergenic oil*

Detox ..... 90min • 140€  
*Sauna sessions followed by 45 min Detox massage*

Olympe ..... 90min • 170€  
*The Hotel specific signature massage : a complete scalp to feet harmonious relaxation*

## DUO ESCAPES

Cocooning Escape ..... 1h15 • 265€  
*Choice of a NUXE Massage® (45 min) .....  
 Foot Relaxation (30 min)*

Sweetheart Escape ..... 1h45 • 395€  
*Choice of a NUXE Massage® (75 min)  
 Relaxing Facial and Scalp Massage (30 min)*

## NUXE ESCAPES

Oriental Escape\* ..... 1h30 • 175€  
*Hammam (15 min)  
 Body scrub with black soap (30 min)  
 Detox rassoul mask (15 min)  
 Argan oil unction (30 min)*

Essential Escape ..... 1h30 • 175€  
*Relaxing NUXE Massage® (45 min), Instant Radiance Facial  
 Treatment with flowers or a NUXE MEN Express (45 min)*

Instant Radiance Escape ..... 1h30 • 175€  
*Instant Radiance Body Booster Treatment (45 min)  
 Instant Radiance Facial Treatment with Flowers (45 min)*

After-baby Escape ..... 2h • 195€  
*Pilates session\* (30 min)  
 Tonic balneotherapy\* (15 min)  
 Slimming body Treatment (75 min)*

Mother-to-be Escape\* ..... 2h15 • 210 €  
*Pilates session\* (30 min)  
 Aquatic relaxation\* (30 min)  
 Massage dedicated to pregnant women (75 min)*

BIO-BEAUTÉ® Escape ..... 2h30 • 265 €  
*BIO-BEAUTÉ® Body Treatment with Fruits (75 min)  
 BIO-BEAUTÉ® Facial Treatment with Fruits (75 min)*

Serenity Escape ..... 2h30 • 265 €  
*Choice of a NUXE Massage® or Prodigieux® Body Treatment (75 min)  
 Fundamental Treatment with Botanical Active Ingredients (75 min)*

Prodigieuse® Escape ..... 3h • 325€  
*Hydrotherapy\* or Affusion Shower Massage\* (15 min)  
 Choice of a NUXE Massage® or Prodigieux® Body Treatment (75 min)  
 Exceptional Treatment with Flowers and Precious Plants (90 min)*

Harmony Escape ..... 4h • 430€  
*Hydrotherapy\* or Affusion Shower Massage\* (15 min)  
 Instant Radiance Body Booster Treatment (45 min)  
 Olympe Massage (90 min)  
 Exceptional Treatment with Flowers and Precious Plants (90 min)*

Prodigieuse® Wedding Escape ..... 4h45 • 510€  
*Hydrotherapy\* or Affusion Shower Massage\* (15 min)  
 Prodigieux® Body Treatment (75 min)  
 Fundamental Treatment with Botanical Active Ingredients (75 min)  
 Hand beauty Treatment (60 min)  
 Foot beauty Treatment (60 min)*

\*Without NUXE Protocol

## BEAUTY TREATMENTS

Spa Hand Beauty Treatment* .....	75min • 95€
<i>(hand and nail treatment, scrub, massage, simple nail polish application)</i>	
Spa Foot Beauty Treatment* .....	75min • 95€
<i>(foot and nail treatment, scrub, massage, simple nail polish application)</i>	
Nail polish application* <sup>(1)</sup> .....	30min • 40€
Semi-Permanent Nail polish application* <sup>(1)</sup> ..	45min • 55€
French Nail polish application* <sup>(1)</sup> .....	45min • 55€
Nail Art* .....	on request
Express Make-up* or Event Make-up* .....	on request

## HAIR REMOVAL

Half-legs.....	42€
Full legs.....	55€
Classic, brazilian, full bikini.....	42€, 55€, 60€
Underarms.....	22€
Half legs + classic bikini + underarms.....	85€
Half legs + brazilian bikini + underarms.....	95€
Half legs + full bikini + underarms.....	100€
Full legs + full bikini + underarms.....	110€
Back or Chest.....	55€
Arms or Thighs or Face.....	42€
Lips or Eyebrows.....	22€

## FITNESS CLUB

Physical evaluation.....	30min • 50€
Personal Coaching.....	60min • 90€
Personal Pilates Coaching.....	60min • 90€
Jogging along the Garonne riverside.....	60min • 90€

\*Without NUXE Protocol

*(1) Beforehand, these treatments include the hand and nail treatment*



*Our massages are body, beauty, wellness treatments, non-therapeutic and non-medical.*

## GENERAL INFORMATION

### Access conditions

THE SPA IS OPEN EVERY DAY FROM 9:30AM TO 9PM

*The management reserves the right to alter the above opening hours or the temporarily closure of the Spa without any obligation to offer compensation.*

**Hotel Guests:** access to the Spa facilities is included with a Spa treatment purchase. Otherwise the access is charged €30 per person and €50 per couple for the whole stay.

**External customers:** access to the Spa facilities is included when purchasing a Spa Treatment from €140 for 1 person. Otherwise the access is charged €70 per person.

Body treatments and massages are intended only for adults.

Sauna and steam rooms are mixed. Swimming suits must be worn.

Hotel's guests and Spa members children under parent's supervision have access to the swimming pool from 9.30am to 5pm during weekends, bank holidays, school holidays. Only Children under 16 have free access.

THE FITNESS CLUB IS OPEN EVERYDAY 24H/24

The Fitness Club has free and secure access (access badge needed).

The access badge must be requested and returned to the Hotel's front desk.

Sport clothes and indoor shoes are required. Use of Pilates equipment must exclusively be in presence of the Personal Trainer.

### Meals

Enjoy a light lunch, fruit, tea, or other beverages in the Spa's tea-room between treatments or, weather permitting, on the terrace offering a panoramic view of Bordeaux. The Bar menu is available upon request.

### Gift certificates

The beauty passport is valid 1 year from the date of issue, nominal, non-refundable and non-exchangeable.

If not used within one year from the date of issue, neither the buyer, nor the beneficiary can claim a refund.

The validity of the voucher may be extended once, for a fixed term of 3 months. Such extension requests must imperatively be made during the period of validity of the voucher and with an additional sum of €30 for reservation fees.

### Booking treatments

Reservations should be made at the Spa reception, by telephone +33(0)5 57 99 00 20 or by e-mail: spa.bordeaux@ihg.com  
A 50% deposit will be requested in order to confirm your booking.

Linens, bathrobes and slippers as well as panties are available. It is recommended for gentlemen to shave the evening before a facial treatment.

### Appointments

We suggest you to arrive 15 minutes before your treatment begins. In case of late arrival, the treatment duration will be shortened accordingly out of respect for the following clients.

Purchases of treatments are personal, non-transferable, and non-refundable. Durations are indicative only.

Treatments included in the Escapes option cannot be separated or changed.

### Cancellation terms

If you need to cancel your booking, please be kind enough to do so at least 24 hours in advance.

Any change in choice of treatments should also be indicated 24 hours ahead of time.

Cancellations are free of charge until 24 hours before treatment. In case of cancellation less than 24 hours before the treatment, the 50% deposit will not be refunded.

### Contraindications

It is important to mention when booking, any health problems (serious illness, operations, circulatory disorders, allergies, asthma ...) or pregnancy in order to get personalized advice. It is also essential to provide medical clearance at the time of coming into the Spa and to sign a waiver.





INTERCONTINENTAL®  
BORDEAUX – LE GRAND HOTEL

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